

## A Select Sample of Issues in Adulthood

- Health Prevention
- Caregiving for Parents
- Balancing Work and Family
- Economics
- Parenting
- Divorce
- Blended Families
- Ingredients of Successful Marriage
- Celebrating Fifty
- Sexual Dysfunction
- The Middle Years
- Having First Child
- Mental Health Challenges
- Quest for Independence
- High Cost of Education
- Student Loan Debt
- Homelessness
- Debilitating Diseases
- Illness and Death
- Define other issues relative to the Bahamian Culture

## A Select Sample of Issues in Mature-Late Adulthood, Centenarians, Aging, Dying and Death

- Myths of Aging
- Sexuality
- Mental Health
- Diet, Nutrition, Exercise
- Debilitating Diseases and Illnesses
- Lifestyle
- The Mentally Challenged
- Work, Retirement & Leisure
- Policies of Aging
- Religion, Spirituality and aging
- Racial and Ethnic Aging
- Long-term Care
- Health Policy and Aging
- Death and Dying
- Careers in the Aging Network
- Widowhood
- Virtues of Aging
- Cultural Differences in Aging
- Living Environments of Mature Adults
- Caring for a Spouse or Parent
- Ageing and Family Life
- Successful Aging
- Avoiding Disease and Disability in Late Life
- The Role of Exercise and Nutrition in Aging
- Productivity in Mature Adulthood
- Maintaining and Enhancing Mental Function in Mature Adulthood
- Assisting the Dying
- Needs of the Dying
- Define Other Issues Related to the Bahamian Culture