

***Psychology 430, Adulthood and Aging***  
***University of the Bahamas***  
*Dr. Rosalyn M. King, UB-Fulbright Visiting Professor of Psychology*

**Introductions and Group Assignment on Areas of Concern  
and Impacts on Adult Development and Aging**

## **Part I: Introductions**

After doing the Who Am I? activity and mingling with students in your class, pick 4-5 people you would like to work with for the remainder of the class. Share something about yourself with the group. What kind of music do you like? Your favorite movie? Hobbies? Leisure time activities? Plans for your life? Education and career plans. Married, single, children, work. 3 positive qualities about you. Why are you taking the course?

Develop a group resume of your group to present to the class and in order to get acquainted and to determine your array of talents, resources and experiences that you have to offer to the class, collectively. Include data and information such as:

- Educational background; schools attended.
- Knowledge about the class content
- Job experience
- Positions held
- What skills do you bring to the class?
- Accomplishments
- Areas of Expertise
- How many of you are carrying a full load - 12 hours or more?
- How many are taking between 6 and 9 hours?
- How many of you work full-time-40 hours a week?
- How many of you work part-time - about 20 to 30 hours a week?
- What about family responsibilities? How many of you have little children to care for? Raising teenagers? Caring for aging parents? A spouse who needs you?
- How many of you have social responsibilities like sports, church activities, or play practice?
- What will be your contribution to Lifespan Human Development?
- Add anything else you feel is pertinent to selling and marketing your group to the class.

Introduce each member of the group to the class but do not talk about their individual skills. Report out to the class the most common characteristics that you all seem to share as if you were selling your group to an employer. Present your group resume of collective experiences, education, skills, etc.

## **Part II: Define a Major Milestone, Problem or Concern about Adult Development and Aging in the Bahamas**

Discuss and define a major milestone in adult development and aging in the Bahamas. Discuss a major problem or concern about adult development and aging in the Bahamas. Which aspect of these developmental periods are you most concerned with and why? What issue in adult development and aging do you think is most critical in the Bahamas? Feel free to depict your milestones or concerns in a graphical image.

## **Part III: Plan Presentation from Research and Thinking on Societal Impacts on Adult Development and Aging**

**Assignment for presentation in next class:**

**How can adult development (and aging) be impacted by *economic, political, medical, social, environmental, educational and media* factors, policies and decisions in the Bahamas? [Each group will be assigned one impact.]**

Outline a set of positive and negative impacts to human life and development of your assigned impact. Conduct an Internet search of research and policy studies presenting empirical findings on your designated impact on human development. Include some of these findings in your presentation and discussion to the class.

Prepare a listing of these impacts digitally to present to class. Your group may want to write them on paper first during your brainstorming and discussion before finalizing and transferring to presentation format.

Your list of impacts should be carefully researched, thought about and prepared for presentation to the class. Your assignment in your group then should be to make sure you discuss the critical issues and plan how you will conduct your research and discussions during your time outside of class to complete this assignment for presentation in the next class.

*Note: Please designate a recorder and discussion leader/coordinator for each task. Each task should involve a different set of individuals.*