The background is a deep blue gradient with a subtle pattern of white dots. Overlaid on the left side are several concentric circles and a large circular scale with degree markings from 140 to 260. Some of the circles have arrows indicating a clockwise direction. The title text is centered on the right side of the image.

# THE SELF-ASSESSMENT OF LONELINESS AMONGST MEN ATTENDING NVCC

BY KYANI ALCIN, JOSEPH HSU, NICK SMITH, AND BENJAMIN CRESSEY

# WHY STUDY MEN'S LONELINESS

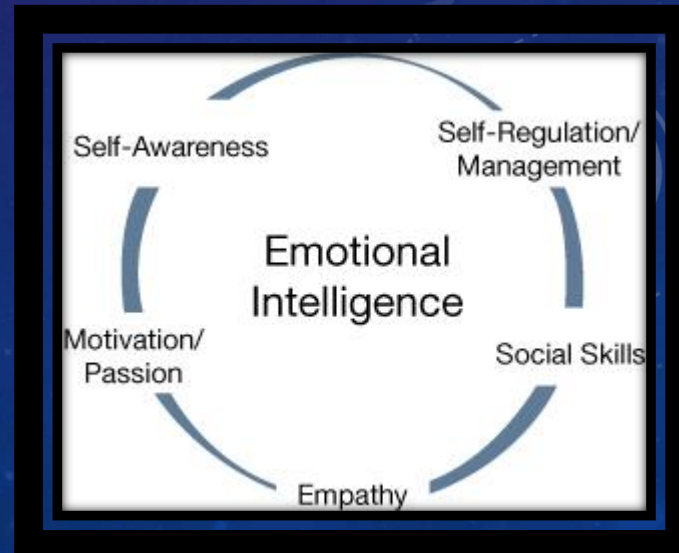


- Make Nova a more inclusive / social livelihood for men attending community college
- lack of previous research on the topic
- Gain more information
- Exposing loneliness as an ongoing issue

# LITERATURE REVIEW



- It is hard to pinpoint the exact cause of loneliness
- Poor emotional intelligence
- Anxiety
- Depression
- Research Methodologies





# RESEARCH DESIGN AND METHODOLOGY

- Bracketing and phenomenological reduction
- Delineating units of meaning
- Clustering of units of meaning to form themes
- Summarizing each interview, validating it and where necessary, modifying it
- Extracting general and unique themes from all the interviews and making a composite summary

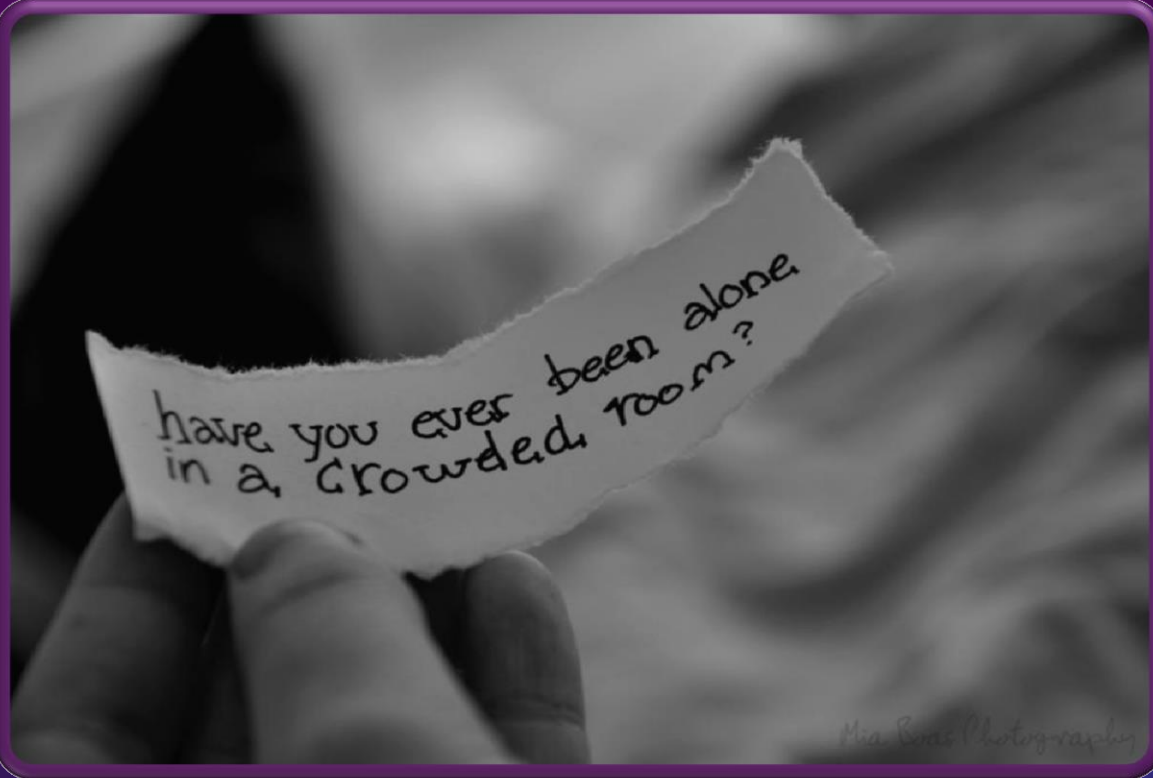


# EXPLICATION AND FINDINGS

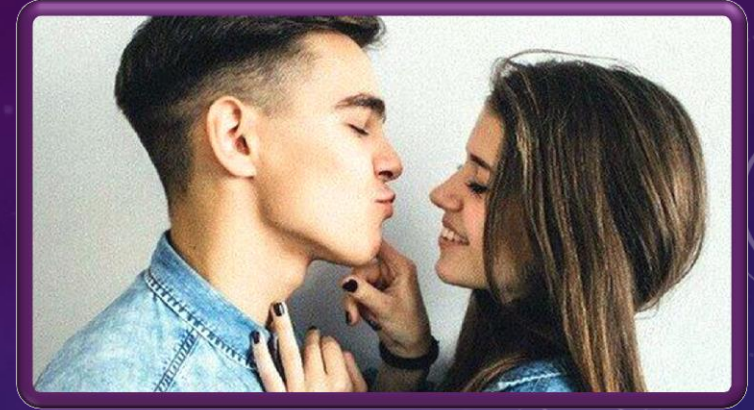
- Purposive
- Fifteen men from NOVA Loudoun Campus were invited to the study and informed thoroughly on its details. Those who found the details to be good agreed, and signed a consent form. After which the Northern Virginia Community College (NVCC) Loneliness Phenomenon Questionnaire was applied via a conversational interview

	Group 1 - Single	Group 2 - Partner
<b>Loneliness Definition</b>	Deep, emotional, clear responses	Simplified explanations, tendency toward physical aloneness instead of mental
<b>Time Placement</b>	Mixed	Tendency toward busier work and school schedules
<b>Drug/Alcohol Consumption</b>	Almost None	Regular consumption
<b>Teams/Clubs</b>	Not as Physical Clubs (reading, TSA, anime)	Physical Clubs (Football, tennis, theatre)





# CONCLUSION



- Difference between group one( Single) and Group two( In relationship)
- loneliness was less of a “diseased” emotion to be avoided, but rather an experience which simply would occur
- Hypothesis was not supported by data





# FURTHER STUDY



- Need for a larger study
- a longer, more detailed survey and more time for conversation
- Find a correlation between being alone and being lonely



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