

# Lucy Lovell Adolescence: A Concept Model



### Can Adolescence be Defined?

- Merriam-Webster Dictionary...
- ad·o·les·cence
- noun\\_a-də-'le-s\*n(t)s\
- Definition of ADOLESCENCE
- 1: the state or process of growing up
- 2: the period of life from puberty to maturity terminating legally at the age of majority
- 3: a stage of development (as of a language or culture) prior to maturity
  - Mosby's Medical Dictionary...
- adolescence [ad'əles'əns] Etymology: L, adolescere, to grow up
- I the period in development between the onset of puberty and adulthood. It usually begins between 11 and 13 years of age with the appearance of secondary sex characteristics and spans the teenage years, terminating at 18 to 20 years of age with the completion of the development of the adult form. During this period, the individual undergoes extensive physical, psychologic, emotional, and personality changes.
- 2 the state or quality of being adolescent or youthful
  - The American Heritage Medical Dictionary...
- ad o les cence (dl-sns) n. The period of physical and psychological development from the onset of puberty to complete growth and maturity.
  - Dorland's Medical Dictionary for Health Consumers...
- adolescence /ad·o·les·cence/ (ad"o-les´ens) the period between puberty and the completion of physical growth, roughly from 11 to 19 years of age. adoles´cent

#### THE TEENAGER MANTRA



## My Definition of Adolescence...

- I agree with the definitions provided, but think that certain aspects combined would provide a more precise definition.
- I would define adolescence as... A stage of development in which a transitional phase is started; the transition from child to adult. This developmental stage spans from puberty into early adulthood, and the developing person undergoes physical changes, emotional changes, and personality changes. After this developmental stage, the person is now a mature adult.



Mother, weeping: "What have I done to deserve such treatment?" Father, comforting: "All you've done is raise a normal adolescent."

#### **Adolescent Phases...**

- Adolescence can be divided into three phases;
- 1. Early Adolescence
   (10-14)
- Adolescence (15-17)
- 3. Late Adolescence (18-22)



#### My Perspective on Adolescence...

- I think that adolescence is a key transition from childhood into adulthood.
- The question does exist if we could do without adolescence as it was primarily established for use in the industrial revolution, but carried on throughout history into the present day.
- I do think that we need adolescence, because it is a time where transitioning teenagers can figure themselves out, and develop emotionally, physically, mentally, and individually.



#### Links to Websites...

#### http://www.merriamwebster.com/dictionary/adolescence http://medicaldictionary.thefreedictionary.com/adolesce nce